



IMPORTANT ATIS TRIP INFORMATION

Activity Descriptions: Most trips leave from the Ausable Club porch. The exceptions are overnights (aside from Alderdice overnights) and trips starting at 7 AM or earlier, which will meet behind the Club at the ATIS Headquarters. Each trip is rated to allow potential participants to judge a trip's difficulty and to insure that all hikers on a given hike are of approximately the same ability and therefore form a homogeneous group. ATIS hikes are not "races", but individuals joining a trip should feel reasonably confident that they can complete the trip within the time stated on the trip schedule. When ages are specified it is the age the child will be on October 1.

AA Trips are full day (10+ hours of hiking) outings covering 18 or more miles.

A Trips are for experienced hikers. Distances covered range from 8-15 miles.

B Trips are generally 4-8 miles in length, & are for children who have hiking experience.

C Trips are primarily for younger children down to age six as long as they are self-sufficient for the duration of the trip. Children under six who can keep up with the group are welcome if accompanied by a parent or responsible babysitter.

Discovery Trips are designed for 4-7 year olds as introductory hiking experiences. The goal is less focused on reaching the summit and more interested in exploring the trail along the way. Activities include storytelling, games, songs, or nature projects.

Nature Activities alternate between programs designed for 4-6 year olds and 7-10 year olds as designated on the trip calendar. Children generally explore the West River Trail while learning about the natural world.

Adult Trips are led by adult volunteers. Trips are listed on a separate schedule.

What to Bring: See equipment list on trip schedule.

Sign Up Procedure - An advance sign up is required for overnight trips and rock climbing club and is recommended for all other trips. The procedures for 2010 remain the same as previous years and are on the back of this sheet.

Transportation - The ATIS must rely on the generosity of parents and other adult drivers for transportation. *ALL PARENTS SHOULD CONSIDER IT AN OBLIGATION TO REMAIN UNTIL A TRIP HAS DEPARTED TO BE SURE THAT THERE IS ENOUGH TRANSPORTATION. ATIS PROGRAMS BENEFIT ALL. EVERYONE SHOULD DO HIS OR HER FAIR SHARE TO MAKE THEM WORK.* Don't let the loyal few unfairly bear the burden.

Bus Ticket Needed - Those joining trips requiring bus transportation to or from the Lower Lake may purchase those tickets on the day of the trip. This is indicated by the "@" symbol on the calendar. The fare is \$1.50 one-way for children 12 and under, \$2.75 one way for adults.

Mandatory Health Form - Each participant must have a "Health Information and Permission to Treat form on file before going on any trip. This form does not require a physical exam or physician's statement, but insures that the counselors are aware of any allergies or medications taken. Copies of this form are available at the ATIS Headquarters, the Club desk, and on the ATIS web site: www.atis-web.com

Cancellation of trips due to weather is rare as many a stormy morning has turned into a beautiful afternoon. Call the ATIS number for information regarding cancellations.